


# COMMUNICABLE

## Disease Control

### DAILY HEALTH CHECKS



How are you feeling?

- Sore throat
- fever
- fatigue
- cough
- chills
- difficulty breathing
- body aches
- headache
- nausea / vomiting
- diarrhea
- confusion
- other abnormal symptoms

Sick? Stay home.

### BEHAVIOURS



2 meters

Behaviours that help prevent the spread of infection:



- physical distancing
- face masks
- respecting choices



- frequent hand washing




- barriers




- covering cough & sneeze
- using tissues


### Stay up-to-date on routine vaccinations



Influenza




COVID-19



Pertussis

### VACCINES



### Enhanced cleaning in high-use areas

Frequent cleaning:

- in classrooms
- in washrooms
- in common areas

Self-serve stations:


- Around campus
  - in common areas
  - in classrooms
  - in lunch rooms



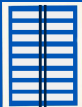
### CLEANING




### HVAC SYSTEMS




### Functioning HVAC systems



- Upgraded central AHU filters




- flushing air inside of building before opening each morning




- Increasing maintenance and verification of HVAC systems


### GETTING OUTSIDE




### Benefits of being outside



- breeze disperses and dilutes infectious particles



- Improved mood
- Reduced stress



- strengthened immunity